

30% of Belagavi population suffering by vitamin B12 deficiency: Survey

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BELAGAVI: About 30% population of Belagavi city is suffering with deficiency of vitamin B12 and anaemia is commonly seen amongst men in the age group of 45-55 years, found in the Indus Health Plus Abnormality Report, revealed on Friday.

The abnormality report by Indus Health Plus and delivery partner KLES Hospital, Belagavi, captured statistics from January 2014 to February 2015. Report says with close to 14% population is suffering from anaemia due to iron deficiency in which 15-18% is working population. Surprisingly, 20% working women's population is also suffering with anaemia, who plays dual role as housewives and corporate professionals.

Interestingly, 13-15% population with B12 vitamin deficiency practices vegetarian food. It is reported that, 7% of the working population in Belagavi who have vitamin deficiency, 10% of them came with deficiency of symptoms. Women are leading with the number of cases for vitamin deficiency coupled with those in the age group of 45-50 years. A notable 12-15% of cases from middle age group are suffering from hyperlipidemia. They were found prone to eating deep fried junk foods in survey.



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